

Adnewyddiad Diffibrilwyr

Mae dau diffibrilwr ychwanegol wedi cyrraedd heddiw yng Nghwmffrwd ac Idole. Mae hyn yn meddwl gyda'r un yn y Llew Coch, Llandyfaelog fod yna 3 nawr yn y Gymuned. Disgwylir pedwar arall yn ystod yr wythnosau nesaf ym Mancycapel, Croesyceiliog, Glanmorlais ac Upland Arms

Diolch yn fawr i Gywion Bach ac OC Davies am ganiatáu eu lleoliad.

Mae'r cyfarfodydd hyfforddiant canlynol wedi eu trefnu. Gwahoddir chi i fynychu un o'r cyfarfodydd hyn.

Neuadd Llandyfaelog:

Nos Fawrth, Ebrill 16eg am 7.30yh

Nos Fawrth, Ebrill, 30ain am 7.30yh

Y Llew Coch, Llandyfaelog:

Nos Lun, Mai 13eg, am 6 yh

Neuadd Eglwys Santes Ann, Cwmffrwd:

Nos Lun, Ebrill 15fed, am 7.30yh

Nos Lun, Ebrill 29ain am 7.30yh (cyflwyniad yn y Gymraeg)

Nos Lun, Mai 13eg, am 8yh



Defibrillator Update

Two more defibrillators have arrived today at Cwmffrwd and Idole. This means with the one already in place at the Red Lion, Llandyfaelog that there are now 3 in the Community. Four more are expected in the coming weeks at Bancycapel, Croesyceiliog, Glanmorlais and Upland Arms.

Many thanks to Cywion Bach and OC Davies for approving their installation.

The following training events have been arranged. You are invited to attend any of these meetings.

Llandyfaelog Hall:
Tuesday April 16th at 7.30pm

Tuesday, April 30th at 7.30pm

Red Lion, Llandyfaelog:

Monday, May 13th at 6pm

St. Anne's Church Hall, Cwmffrwd:

Monday, April 15th at 7.30pm

Monday, April 29th at 7.30 (Welsh language presentation)

Monday, May 13th at 8pm